Here are ten awesome kindness quotes for kids to learn by heart:

“If you want to lift yourself up, lift someone else up.” – Booker T. Washington

“The simple act of caring is heroic.” – Edward Albert

“No act of kindness, no matter how small, is ever wasted.” – Aesop

“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have.” – Margaret Mead

“Be kind whenever possible. It is always possible.” – Dalai Lama

“A warm smile is the universal language of kindness.” – William Arthur Ward

“A single act of kindness throws out roots in all directions, and the roots spring up and make new trees.” – Amelia Earhart

“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.” – Maya Angelou

“How wonderful it is that nobody need wait a single moment before starting to improve the world.” – Anne Frank

“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.” – Desmond Tutu

Ideas for the Classroom

- Write the quotation on the white board and read it out together. Ask a child to erase one word, then read it out together again (filling in the missing word through remembering it). Erase more words until you have the whole quotation memorised.

- Write out the quotation in big words and cut the sentence into phrases (or words). Mix them up and put them back together again.

- Compose a song for your quotation.

- Create actions for the words or phrases in the quotation, and use them as you say the quotation aloud together.

- Draw a picture (or make any piece of artwork) inspired by the quotation. You can either make one image for the whole quotation, or break it up into phrases to illustrate each piece of the quote.
Ideas for Service Projects

1. Make cards to give to a home for the elderly. This could fit well into an art project or poetry writing assignment.

2. Have a can drive to collect food for your local food bank. Great for adding into a math lesson, learning about grocery shopping and budgeting.

3. Collect books for a school in another country. If a student is going on a vacation abroad, they may have a suitcase to spare. Find a school that needs books and collect a suitcase full. And prepare a lesson on the country and culture when the student returns home!

4. Take baked goods to a local police/fire station. Learning about different jobs in the community? Add some appreciation into the unit, as well.

5. Make sure the school has a recycling system and, if not, raise awareness and funds to get one in place. Add up the trash each student uses and create graphs to share with the school community about how much garbage is created each day by individuals, families, classrooms, and the school. Older kids could write letters and a proposal for getting the needed recycling bins.

6. Sponsor an animal at the zoo by holding a class yard sale or raffle. This one fits great into learning about animals or a field trip to the zoo.

7. Plant trees, start a school garden, or volunteer in a community garden. Kids love to learn about where their food came from. Help them see the process first hand and find out how they can support nature in their community.

8. Donate household or baby items to refugees through the local refugee organization. Ask students whose families recently moved to your country to share a bit about their culture. Create some of their traditional food or celebrate a cultural holiday in class.

9. Take clothes to the local women’s shelter. Violence prevention can always be made age appropriate. Do some role plays about handling problems without violence… and invite guest speakers (like the police or social workers) to offer a presentation to the class about how to protect themselves and others.

10. Collect toys for children in need. This is a popular one to do around the holiday season, but many donation services will take toy donations year round. You may like to work this into a writing assignment by having each child take a photo with the toy they are donating, and write a story about a memory they have with the toy. Invite them to imagine what fun another child can have with their toy, also.

Taken from:

www.momentssaday.com